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From: Zheng Zhun <zhengzhun@yahoo.com>

To: "president@sbbf.org.sg" <president@sbbf.org.sg>

Sent: Saturday, 24 September 2011 1:13 PM

Subject: What is in your own best interest?

Hi Terry,

I do not know why you send me this email. You have fear factor and you know that the SBBF is the legitimate body representing in Singapore and recognised by their NOC and Sports Council. You have circulated this email out of fear and desperation which we can read in between the lines. Singapore bodybuilders are not stupid and they cannot be led by a P.R. (not a citizen of Singapore) to eye-wash them with this fairy tales story of yours. You are in Singapore to make a living but instead you are interfering into the local affairs of a registered and recognised federation. You are Mr. Nobody as far as bodybuilders are concerned. Everyone knows your AGENDA that you formed this federation to support your wife and you are just seeking pleasure with all your nonsense to the Singapore athletes. I repeat Singaporeans are not fools Terry. Why did you come mmm from USA or Australia to Singapore to make a living if you were rich and generous to help the bodybuilders? Why not in your country of birth?

If you are strong you do not have to send circular to remind the bodybuilders, they have their mind and brain of their own and they know you are kidding them with prize money and so on. Singapore bodybuilders are not greedy as you have framed them. There are men who will stand up against you and say NO...you are trying to mislead and exploit them and this won't work in Singapore's context.

Nobody from SBBF stopping the bodybuilders to attend the seminar conducted by Ms. Olympia organized by you... To tell you the TRUTH... our bodybuilders know more than her... She is old and not the current champion. Again I heard that Juliet and her federation's funding were suspended and this has been transferred to the WBPF in Holland. Can you explain Terry?

You speak about the changes in the SBBF and don't you seriously think you are interfering into the local affairs of a federation which has been in existence for 50 over years. You came to our shore recently and gone are the days of colonialism and our new generation will not allow you to do what you like in Singapore.

One frank question I would like to ask you if your wife and another Singaporean lady were to compete in the same class who will you pick? You do not have any qualified judges and who will be judging your competitions, your hand-picked officials if you have any. I recollect that you begged everyone one to come and support your SBBF and you are not getting the response favorably. Why Terry? Something wrong somewhere I believe!!!

You have dragged the name of the present Mr. Singapore competing in the Mr. Olympia (side show competition) and not in the MR. OLYMPIA where all the giants battle it out. This is his life and choice, and the SBBF know his objectives are for his personal business and moreover he knows that there is no dope testing in the competition. Adrian kicked you out from his Gym and supported SBBF, can you explain why?

The two other competitors who participated in the NPC competitions are no more members of the SBBF and you know the obvious reasons why they participated in this competition... We do not have to get WADA or DADAH involved. You have purposely dragged their names and pitting them against the SBBF, what kind of character you have, are you promoting or destroying all of them. The game you are playing is very dangerous, you are playing with fire.

The SBBF will not to allow anyone who participates in unsanctioned competitions to participate in Mr. Singapore, Asian Championships and World Champions and all recognized Games. This you should know by now.

I need to educate you Terry. The Mr. Olympia is not affiliated to the IFBB. The Mr. Olympia is owned by Chang and he does not care about the IFBB in Spain. Their main goal is to make money. The NPC does not care about the IFBB as well; they do not put any signage of the IFBB logo in their

competitions. They are on their own Terry and they never participate in any of the IFBB World Championships. I checked the website it is nearly 10 over years they abstained. Why?

Recently the IFBB lost Sri Lanka and Qatar to the WBPF, can you explain? Terry since you act like a Guru for Bodybuilding and the Savior to teach our Bodybuilders. Tell us the truth!!

Why the South Asian Beach Games and the Arab Games are now controlled by the WBPF? Explain to us Terry since you claim to be the protector of bodybuilding in Singapore.

Are you aware that there will be 4/5 middle east countries will be crossing over to the ABBF/WBPF...I heard this from Paul Chua.

Why the 2012 South East Asian Games in Myanmar is controlled by the ABBF and WBPF? Dear Terry I need answers for all these.

You are boasting that the IFBB organize 15,000 competitions per year, how many can our athletes compete? Please Terry do not misguide them, the bodybuilders are not fools. I believe that ABBF (recognized by the Olympic Council of Asia) has more activities in Asia and now the WBPF is also expanding its activities. STOP all these brain-washing tactics, Singapore bodybuilders are intelligent than you.

You know your ABBF is defeated and in Mongolia the competition was a total disgrace. You being a P.R. allowed SINGAPORE to stand next to the name TAIWAN during the march-past and you did not know the rules Terry. This is embarrassing for our country. It should have been Chinese Taipei under the IOC rules. Where is your sense of belonging Terry? You do not know the Asian culture and how can you be elected as the President of the Singapore federation.

Now tell me Terry...are you elected in the SFBF...NO...you installed yourself as the Director and self-appointed as the President of the SFBF...where are the names of your Committee? I guess it is a husband and wife team controlling the SFBF unlike the SBBF it is democratic in every sense, they elect officials.

Coming to the subject of Paul Chua, his will not stoop so low to meet you and shake your hands. I was attending the NUS competition and he rebuked you on the stage and you and your wife stood there listening to his speech. Not one word you uttered. I also heard from many of my friends that you went to shake the hands of Paul Chua after the competition and he screamed at you to get out of his sight. Why did you approach him Terry...Were you scared? You are instigating the bodybuilders to write to Paul Chua and ask him to meet you face-to-face, you are nobody Terry and he is the boss of the ABBF and WBPF. If you strongly feel to have a debate, I am sure that he will be happy to meet your Rafael Santonja in Singapore? I know Paul for 30 over years and he fear no man Terry...he met Serge Nubret, WABBA and NABBA and knocked them out in the cold. You are a small fry to him, he care-to-hoot about you. You are barking like a dog at the mountain, and it will not move Terry.

Final question...I am a Chinese and I wish to know why the PEOPLE'S REPUBLIC OF CHINA did not join the IFBB and joined the ABBF and WBPF....I guess they know the truth Terry and they are one of the major players in the world today, and they are organizing the 2012 Asian Championships in all categories.

I am very sorry Terry for taking your time, please stop sending me all these rubbish of yours...I have no time for you and your group. Why Brazil did joined WBPF?

Zheng Zhun