

VISIT TO DENNIS GYM

Dennis Tew the owner of Dennis Gym with its slogan: REAL FITNESS STARTS HERE situated at the HDB heartland at No.10 Simei Street 2, #03-03 Changi Simei Community Building, Singapore was very happy to receive Paul Chua, Hon. Life President and Calvin Yew, Director of Coaching of SBBF on 11th February 2011.

Dennis Gym is fully equipped with the state-of-the-art fitness equipments for Men and Women and they provide Cardio Exercises, Hardcore Bodybuilding, Personal Training, Consultation on health, fitness and nutrition. Dennis was one of the top bodybuilder in the Republic of Singapore and an international certified judge for the sport of Bodybuilding.

Dennis Gym is affiliated to the Singapore Bodybuilding and Fitness Federation.



Photo from left: Benny Ong, Dennis Tew, Paul Chua, Levia Tan, Koh Zijian and Calvin Yew.