

DR. CHIAM TUT FU

Dr. Chiam Tut Fu, who is currently 44 years old, obtained his Bachelor of Medicine and Bachelors of Surgery (MBBS) from the National University of Singapore in 1990. He went on to attain his Masters of Sports Science (Sports Medicine) degree from the United States Sports Academy where he graduated as the top student and was voted as the Outstanding Student for his year of graduation. Dr. Chiam also has a Masters of Medicine (Occupational Medicine) degree and a Graduate Diploma in Occupational Medicine from the National University of Singapore.

Dr. Chiam's experience and expertise in Sports Medicine saw him being appointed as a Consultant in Sports Medicine to the Singapore Armed Forces. Dr. Chiam also played a key role in the medical classification and fitness deployment standards for pre-enlistment medical screening and grading conducted by the Singapore Armed Forces. He had also provided consultancy to the Singapore Police Force, Singapore Civil Defence Force and Singapore Prisons Service and works closely with Singapore's local fitness community.

Dr. Chiam runs a private Sports Medicine practice at Novena Medical Centre. His special areas of interests include treatment of musculoskeletal pain using non-surgical methods and weight management. He has been a recreational bodybuilder since the age of 17.



