



# SINGAPORE BODYBUILDING AND FITNESS FEDERATION

Controlling Organization of Bodybuilding and Fitness in the Republic of Singapore

Affiliated To:  
World Bodybuilding and Physique Sports Federation (WBPF)  
Asian Bodybuilding and Physique Sports Federation (ABBF) – Recognised by OCA  
Commonwealth Bodybuilding and Fitness Federation (CWBBF)  
Southeast Asian Bodybuilding and Fitness Federation (SEABBF)  
Singapore National Olympic Council (SNOC)

Member Of:  
People's Association (PA)

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(Chairperson)

## CIRCULAR LETTER (Amended)

18<sup>th</sup> January 2011

Dear Bodybuilding and Physique Sports Athletes,

If you have been approached by any individual or organisation to sign an agreement to engage them to be your agent, manager or exclusive personal manager, you must make every effort to understand the full impact of this commitment and ensure that it does not negatively impact your desire to continue participating in the sport of bodybuilding and physique sports in the Republic of Singapore.

SBBF was founded in the year 1962 and is registered under the Societies Act with the Registrar of Societies. We are members of the Singapore National Olympic Council and recognised by the Singapore Sports Council. We receive subsidy from the Singapore Sports Council for all our activities.

We are also members of the World Bodybuilding and Physique Sports Federation (WBPF), Asian Bodybuilding and Fitness Federation (ABBF), Commonwealth Bodybuilding and Fitness Federation (CWBF) and South East Asian Bodybuilding and Fitness Federation (SEABBF). Our sport is recognised by the Olympic Council of Asia and the ABBF is a full fledged member of the OCA.

Any organisation and its officials that organise and/or invite athletes to participate in a bodybuilding and/or physique sports competitions in Singapore not sanctioned by the SBBF is deemed to have violated the Rules & Regulations of the SBBF Constitution. Similarly, any athletes that participate in such competitions may be subjected to various penalties prescribed in the SBBF Constitution including a life ban.

It is the desire of the SBBF to provide athletes the opportunities to represent Singapore in prestigious major games and championships such as the Southeast Asian Games, Asian Games, World Games, SEA Championships, Asian Championships and World Championships. The SBBF earnestly wish that bodybuilding and physique sports athletes in Singapore enjoy a glorious international competitive career and not fall prey to any form of commercial or political exploitation.

You are welcome to write to us for further information or clarification on the matter mentioned in this letter. SBBF will assist any bodybuilder with legal advices on such matters.

Please be guided accordingly.

Yours-in-Bodybuilding and Physique Sports

M. Letchmenon  
President - Singapore Bodybuilding and Fitness Federation