

Come and flex
your muscles now!



Attractive
prizes to be won!

Body Building Championship 2010



Categories available for registration: HomeTeamNS/ Invitational

Closing Date: 22 March 2010, Monday

27 March 2010, Saturday | 10.00am to 6.00pm | Toa Payoh HDB Hub Mall

Registration forms are available at HomeTeamNS clubhouses, designated gyms and clubs. For further enquiries, please contact Sean at 66654605 or email Sean_Ong@HomeTeamNS.sg

An event organised by HomeTeamNS and sanctioned by Singapore Bodybuilding & Fitness Federation.



HomeTeamNS-SCDF BODYBUILDING CHAMPIONSHIP 2010

27th March 2010, Saturday, Toa Payoh HDB Hub Mall

NAME: _____ NRIC NO : _____

ADDRESS: _____ (S) _____

MOBILE NO: _____ EMAIL: _____

CATEGORY

- A - INVITATIONAL** open to representative of Clubs' / Institutions' / Associations' affiliated with Singapore Bodybuilding & Fitness Federation (SBBF).
- B - HomeTeamNS** open to NSFs/ NSmen/regulars from Singapore Civil Defence and Singapore Police Force

Club / Institution / Association/ Division (*HomeTeamNS only*) Represented: _____

Please note that a Preliminary round will be conducted in the event that there is overwhelming response from both categories. Details of the Preliminary round will be provided for at a later notice.

Registration Fees - \$10.00 per participant

Please kindly make your cheque payable to **HomeTeamNS**. Kindly send your cheque and application form to:

**HomeTeamNS Events Department – HomeTeamNS-SCDF Bodybuilding Championship 2010
2 Bukit Batok West Ave 7 Singapore 659003**

INDEMNITY FORM

I, _____, NRIC _____ agree to indemnify HomeTeamNS and its organizers from all liability against any legal suit or claim for any loss or damage of property whatsoever or bodily injury, illness or death, however caused, aggravated, sustained or otherwise.

Signature Of Participant: _____

Date: _____

For Official Use:

Payment received (Cash/ NETS/ Cheque No): _____

Receipt No: _____ Date: _____ Attended By: _____

All entry forms must be submitted before 22 March 2010. Late entries will not be entertained.